

The Fedhealth Baby Programme

Available on all options except flexiFED savvy and myFED

Fedhealth offers a great baby programme designed to offer the best advice, support and personalised care during every stage of pregnancy and beyond. Compiled by experts with mothers and babies in mind, Fedhealth Baby is there to make the life-changing experience of being a parent all the more special and rewarding, and a little less daunting. It offers amazing giveaways, discounts, education and support. Best of all... it's FREE!

Parents-to-be can look forward to:

Doula support (Not available on myFED)

Fedhealth covers a doula for pregnancy and birth support with a subsidy of R3 000. A doula is a pregnancy support expert and is there to guide and help you achieve your birth plan. She will visit mom-to-be during the pregnancy and support her from the onset of labour, to provide comfort in birth.

A Fedhealth baby bag

This handy baby bag is usually sent a month after registration and is packed with quality products, such as baby products from Bennetts, a baby gift pack, a pregnancy book and lovely samples to try. Everything in the bag has been especially chosen to help parents take care of their little bundle of joy from tip to

Vouchers and discounts

Do look out for our amazing discount vouchers in your Fedhealth baby bag:

- Pigeon breast pumps, breast pads and baby products
- Safety products from 4aKid
- · Chelino strollers, camp cots and car seats
- · Snuza baby monitors
- Angelcare products
- Boobi blankets
- Immunisation programme from Tum2mom
- · MommaMia toddler development programme

Education and support

Fedhealth Baby members receive ongoing communication and education in the form of emails and e-letters (to Mom and Dad), health profiling for each trimester, funding for doula assistance (labour support) during natural birth together with a new birth card, call out on estimated due date to check on member's progress, and follow up on the birth within a week of the due date.

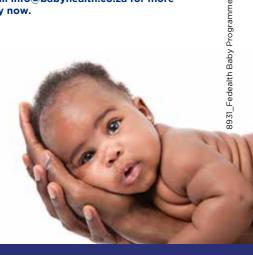
Baby medical advice line

A dedicated 24-hour medical advice line for any pregnancy concerns, pre-or post-birth.

It's FREE, so register today!

Fedhealth Baby is committed to offering the very best maternity care available, and to help make the pregnancy and parenthood journeys as joyful as they are meant to be.

Call 0861 116 016 or email info@babyhealth.co.za for more information and to apply now.



CONTACT DETAILS

For more information, please visit **fedhealth.co.za**, or use the Fedhealth Family Room, WhatsApp service or Fedhealth Member App. You can also call the Fedhealth Customer Contact Centre on **0860 002 153**.

Disease Managemen 0860 101 306

O860 333 432

MVA Third Party Recovery Department 012 431 9718

Fedhealth Baby

